

Take the first step toward quitting today.

1.866.**QUIT**.4.LIFE (1.866.784.8454) www.**quit**now.net



We've helped more than I million tobacco users.

We can help you too.

It's FREE.
It's confidential.
It works.

The Quit For Life® Program is brought to you by the American Cancer Society® and Free & Clear®. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.